



NEWS RELEASE  
FOR IMMEDIATE RELEASE

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Contact: Debbie Caruso 312-217-1692, [debcaruso@yahoo.com](mailto:debcaruso@yahoo.com)

WISDOM RISING, A COMMUNITY CELEBRATION OF THE HEALING ARTS,  
FEATURES AUTHOR SUSAN WISEHART

Susan Wisheart author of *Soul Visioning: Clear the Past, Create Your Future* will be the keynote presenter at Wisdom Rising, the annual Community Celebration of the Healing Arts, held at The Unitarian Universalist Church of Elgin. Susan Wisheart's groundbreaking book teaches you how to create a life of passion and purpose by following your Soul's wisdom. Using breakthrough methods such as Energy Psychology (acupuncture for the emotions without the needles), guided journeys, forgiveness practices, and past life and life-between-lives regression, you'll discover practical, step-by-step techniques to heal the unconscious beliefs that block the awareness of your true spiritual identity and life purpose. [www.SusanWisheart.com](http://www.SusanWisheart.com)

Wisdom Rising is open to the public on Saturday May 15<sup>th</sup>, 2010 from 9am –6pm at 39W830 Highland Avenue in Elgin, Illinois. (Three miles west of Randall on Highland)

Spend the day with practitioners of the healing arts to learn, share and raise your wisdom of both new and ancient healing techniques for enrichment of mind, body and spirit. Through out the day attendees will have the choice of three sessions designed to enrich mind, body and spirit. Some of the presenters are: Yoga with Danae Moliter, Ayurveda with Anne Clough, Robin's Ramblings on Food with Robin Migalla, Laughter Yoga with Julie Ostrow, Your Thoughts Alone Cause You Pain with Alesa Burbach, Tarot with Sandy Russel, Beyond Belief: The Art and Practice of the Sacred Guide in the Unitarian Universalist Tradition with Michael J Murschel, EFT with Valerie Howells, Labyrinths with Ron Williams, Health & Wellness with Anne Ward and Bob Sandidge and Sweat Lodges with John Biank. The closing celebration will feature a Gong Meditation with Kenny Kolter. See a full schedule of workshops and presenters at [www.WisdomRising.com](http://www.WisdomRising.com).

The Wisdom Rising program is one of several programs presented as a community service throughout the year by the Unitarian Universalist Church [www.uuce.org](http://www.uuce.org). Free parking is available. Wisdom Rising has a suggested donation of \$5.00 at the door, cash or check. Lunch is available. [www.uuceWisdomRising.com](http://www.uuceWisdomRising.com)